

Camille Keith, MS, NCC  
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**Philosophy and Approach:**

My approach to mental health counseling is solutions-focused, and includes elements of reality therapy and cognitive behavioral therapy. I believe that increasing awareness of your patterns of behavior allows you to make more conscious decisions about how you want to live your life. To help increase self-awareness, I provide mental health counseling using a variety of techniques, including mindfulness. I encourage you to focus on your strengths as we work together to increase opportunities and manage problems in your life.

**Formal Education and Training:**

I hold a Masters Degree in Counseling from Portland State University. This program is accredited by CACREP, the Council for Accreditation of Counseling and Related Programs. Major coursework included: Mental Health Counseling; Human Development; Couples, Marriage and Family Counseling. In addition, I hold a Bachelors Degree in English from the University of California, Berkeley, with an emphasis in Multicultural Literature.

As a **Registered Intern** of the Oregon Board of Licensed Professional Counselors and Therapists, I will abide by its Code of Ethics. I am under the ongoing supervision of Tara Sanderson, PsyD, MBA which I will be happy to explain.

**Fees:**

My standard fee is \$75 per hour. I offer a reduced fee when appropriate.

**As a client of an Oregon Registered Intern you have the following rights:**

- \* To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- \* To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- \* To obtain a copy of the Code of Ethics;
- \* To report complaints to the Board;
- \* To be informed of the cost of professional services before receiving the services;
- \* To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected abuse of children, the elderly, or a disabled person; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee;
- \* To be free from discrimination because of age, color, culture, disability, ethnicity, national origin, gender, race, religion, sexual orientation, marital status, or socioeconomic status.

**You may contact the Board of Licensed Professional Counselors and Therapists at  
3218 Pringle Rd. SE, #120, Salem, OR 97302-6312. Telephone: (503) 378-5499.  
Email: [lpct.board@oregon.gov](mailto:lpct.board@oregon.gov) Website: [www.oregon.gov/OBLPCT](http://www.oregon.gov/OBLPCT)**

**For additional information about this intern, consult the Board's website.**